# PNQIN AIM Opioid Use Disorder in Pregnancy Webinar Series

October 20, 2020 Webinar 4















## **OUD** in Pregnancy Webinars

### **Monthly Agenda Overview**

- 12:00 12:05: Welcome/ Introductions
- 12:05 12:15: Updates from the teams on QI projects + collaborative
- 12:15 12:30: Brief QI teaching, Assignment
- Bonnie Glass, RN Key Driver Diagram
- 12:30 12:55: Guest Topics: 20 min presentations + 5 mins for questions
- Gina Kelleher, M.Ed., LACD I Linkages to Care
- 12:55 1:00: Closing/Final Comments



## Webinar Housekeeping

- We will take attendance in the chat box each month please comment with your name and hospital
- Pluse mute yourselves unless you would like to contribute to the conversation or ask a question
- Utilize the "raise hand" feature or chat box to speak
- We will record this session and upload the recording and webinar slides to our website after the call
- We welcome feedback about the webinar content and structure!
- Please participate! We want this webinar to be helpful and collaborative!



## PNQIN AIM Wave 2 - Who's on the Line?

Beth Israel Deaconess Plymouth

**Beverly Hospital** 

**Brockton Hospital** 

Cambridge Hospital/CHA

**Charlton Memorial Hospital** 

**Emerson Hospital** 

Good Samaritan Medical Center

Health Alliance Hospital

**Heywood Hospital** 

Holy Family Hospital

Holyoke Medical Center

Lawrence General Hospital

Martha's Vineyard Hospital

Melrose-Wakefield Hospital

Mount Auburn Hospital

Nantucket Cottage Hospital

**Norwood Hospital** 

St. Flizabeth's Medical Center

St. Luke's Hospital

Sturdy Memorial Hospital

**Tobey Hospital** 

Winchester Hospital



#### PNQIN AIM OUD Wave 2 Targeted Hospitals

- Beth Israel Deaconess Plumouth
   Heuwood Hospital
- · Beverly Hospital
- · Brockton Hospital
- Cambridge Hospital/CHA
- Charlton Memorial Hospital
- Emerson Hospital
- Good Samaritan Medical Center
   Mount Auburn Hospital
- Health Alliance Hospital

- · Holy Family Hospital
- · Holyoke Medical Center
- · Lawrence General Hospital
- · Martha's Vineyard Hospital
- Melrose- Wakefield Hospita
- Tobey Hospital
- Hospital
- Nantucket Cottage Hospital
   Winchester Hospital

Norwood Hospital

St. Luke's Hospital

Sturdy Memorial

· St. Elizabeth's Medical



Closed OB temporarily



## PNQIN Perinatal Opioid Project Leadership Team

#### **PNQIN**

- Fifi Diop (DPH) Grant Primary Investigator
- Audra Meadows (BWH)
- Ron Iverson (BMC)
- Munish Gupta (BIDMC)
- Kali Vitek (BMC)

#### **Neonatal Folks**

- Elisha Wachman (BMC)
- Larry Rhein (UMass)
- Rachana Singh (Baystate)
- Davida Schiff (MGH)
- Alan Picarillo (Maine)
- Eileen Costello (BMC)

#### **Maternal Folks**

- Katherine Callaghan (UMass)
- Leena Mittal (MCPAP for Moms)
- Laura Sternberger (Moms Do Care)
- Nicole Smith (BWH)
- Donna Jackson-Kohlin (Baystate)
- Linda Jablonski (Baystate)

#### **Academic and Organizational Partners**

- Patrice Melvin (BCH)
- Karla Damus (BU)
- Christina Gebel (Accompany Doula Care)

#### **State Partners**

- Fifi Diop (DPH and PI of PNQIN Grant)
- Griffin Jones (HPC)
- Michael Kelleher (OHHS)
- Debra Bercuvitz (DPH)
- Abby Taylor (AGO)
- Karen Pressman (BSAS)
- Julia Reddy (BSAS)
- Mary Lutz (DCF)
- Alissa Cruz (MassBIRT)
- Colleen Labelle (BMC)
- Julia Prentice (BLC)
- Natalia Ciesielska (BLC)

#### **Families**

- Patricia McDonnell (Baystate)
- Julie Maida
- Meghann Perry
- Cieara McManus (Moms Do Care)



### **Announcements**

- We are in the final stages of rolling out online stigma, bias, and trauma-informed care training on the PNQIN website
  - Those interested can register for the training, then access the content on your own time
  - CE credits offered through BU
  - Participants seeking credit <u>must</u> complete both the pre-training registration and post-training evaluation survey
- Keep on an eye out for Data Use Agreements (BIDMC) and Memorandums of Understanding (BLC) – these <u>must</u> be signed and returned in order to start collecting site data
- Check out website for updates!



## **Available Trainings/Events**

- ASAM/ACOG's Buprenorphine Waiver Trainings
  - Upcoming dates: October 16th; November 6th, 10th, 20th
  - Register: <a href="https://www.asam.org/education/live-online-cme/waiver-qualifying-training/ob-gyn-focus?utm\_source=ACOG&utm\_medium=Todays%20Headlines&utm\_campaign=ACOG&utm\_term=20TOUD</a>
- MAT Waiver training for Advanced Practice Registered Nurses is offered by Providers Clinical Support System for <u>free!</u>
  - CE credits available
  - Register: <a href="https://pcssnow.org/medications-for-addiction-treatment/waiver-training-for-nurses/">https://pcssnow.org/medications-for-addiction-treatment/waiver-training-for-nurses/</a>
- NNPQC/IHI webinar "Patient Engagement: Tools to Move Past the Story"
  - Date: Monday, November 9th from 1-2pm ET
  - Register: <a href="https://nichq.zoom.us/meeting/register/tJcpduiurT0jHdR-4oASvenvBVY48xU9GO6a">https://nichq.zoom.us/meeting/register/tJcpduiurT0jHdR-4oASvenvBVY48xU9GO6a</a>
  - Objectives:
    - Introduction to the Family Voices Family Engagement in Systems Assessment Tools
    - Examples of the 3 uses of the Tools to plan, assess, & improve family engagement in systems-level initiatives
    - Ideas for PQC next steps



## Webinars, Podcasts, and Videos

- ASAM National Practice Guideline 2020 Focus Update Webinar Pregnant Women
  - Follow the link for a recording and/or slides from June
     30th: <a href="https://elearning.asam.org/products/the-asam-national-practice-guideline-2020-focused-update-pregnant-women">https://elearning.asam.org/products/the-asam-national-practice-guideline-2020-focused-update-pregnant-women</a>
- Florida PCQ video series on maternal opioid use topics with the AIM states
  - https://files.constantcontact.com/9648b4fd601/1d443076-3f4f-430d-b60d-1dec5934d5ea.pdf
  - https://health.usf.edu/publichealth/chiles/fpqc/morevideos
- ACOG District II "On the Front Line" Podcast on Opioid Use Disorder
  - Listen here: <a href="https://www.acog.org/community/districts-and-sections/district-ii/programs-and-resources/medical-education/opioid-use-disorder-in-pregnancy">https://www.acog.org/community/districts-and-sections/district-ii/programs-and-resources/medical-education/opioid-use-disorder-in-pregnancy</a>
- "Engaging Women with OUD in the COVID-19 Crisis" presented by Mishka Terplan,
   MD, MPH
  - View the webinar recording and slides under the "Archived MORE Presentations and Webinars" tab: <a href="https://health.usf.edu/publichealth/chiles/fpqc/MORE">https://health.usf.edu/publichealth/chiles/fpqc/MORE</a>



## Team Updates/Check-In



## QI Webinar Topics for Next 12 months

## **Date/QI Topic**

```
7/21/20
            OUD Bundle Components Overview & Stakeholders
8/18/20
            Developing a Project AIM
9/15/20
            Measures for Improvement
10/20/20
             Key Driver Diagram
11/17/20
             Developing Interventions
12/15/20
             Understanding Run Charts
1/19/21
            Understanding Data Control Charts
2/16/21
            Using the PDSA Cycle
3/16/21
            PDSA: Making Adjustments
4/20/21
            Scale and Spread Up
5/18/21
            Sustainability
```



## QI Teaching: Key Driver Diagram

Bonnie Glass, RN

Special Thanks: Adapted slides from Meg Parker, MD
Boston Medical Center



## **Objectives**

- Describe key driver diagrams and components
- Review and example SUD in Pregnancy Driver Diagram
- Describe process mapping of workflow
- Learn from Daisy Goodman (AIM OUD Bundle and the Checklist)



## **PNQIN AIM OUD Guiding Principles**





## WHY this work is important



### Why is this important to you?

"We've talked a bit about maternal mortality in MA, specific to OUD."

"There is such an inconsistency with how women and families with SUD are being treated."

"Families have to leave their community to receive care- they should be able to and have resources available to them."

"Why - because we are in a unique place, we see moms through their pregnancie opportunities to make positive change, at a time when moms are highly motivat

"Having worked with families affected by SUD, I have seen the impact we can ma treatment or to support women who are in treatment. Education, screening, and lives, and keep families together."

"For us, as a tertiary care ctr we need to be able to provide full-spectrum care for OUD."

"We are working on this initiative to provide more holistic care to all of our patie initiative to provide staff and patients a more cohesive plan of care. Our rate is hi needed to reexamine our methods of care for these potentially fragile families."

#### Why is this important to you?



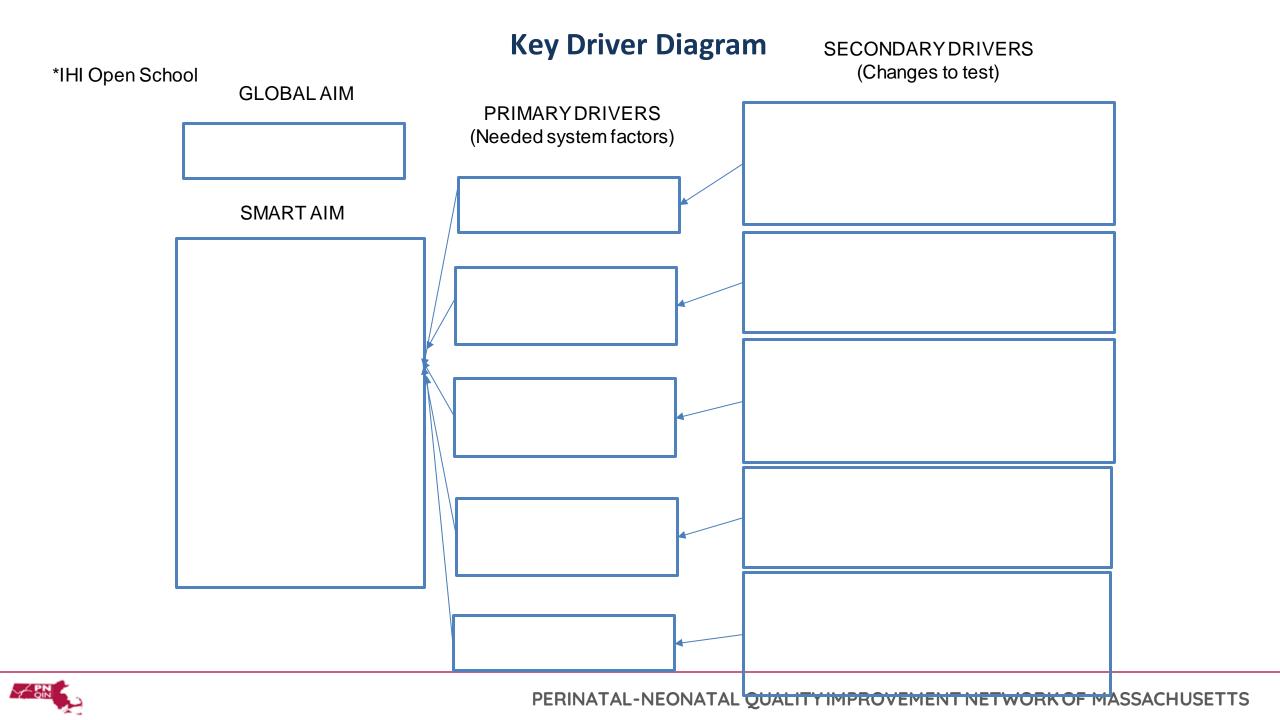


## What is a Key Driver Diagram?

start Here

- Visual strategic approach to organizing your QI project
- Includes
  - Global aim and Main outcome
  - Key drivers (Primary and Secondary)
  - Change concepts
- Clearly states the SMART AIM
- Clearly delineates the short list of primary drivers to achieve the AIM
- Lists/describes the many secondary drivers and change concepts to achieve the AIM
- A place to connect the measures to the drivers/change concepts
- Helps to focus your project workflow and PDSA





#### **Primary Secondary Drivers Change Concept Drivers** SUD screening tool Patient opioid use screening Screening/testing guidelines Identification of patients using opioids Patient opioid biologic testing Mapped response to + test Site modifications Lab tests SUD care prior to pregnancy Prepreganancy counseling Advertising Patient Awareness of SUD in PNC education flyers Pregnancy Programs Prenatal education Ads in Bus, CHC, Methadone clinic Pt knowledge of clinic location Education materials Training Programs for prenatal providers Relocate clinic Training in Residency OB Providers Trained in MAT BSAS and Online Training **Provider Sensitivity** Residency Training Residency Away Training Hire necessary staff-SW, peer counselors, nurses, MDs Sensitivity Training Programs for SUD treatment Outpt care guidelines/policy Institutional Support in Pregnancy Increase Staff Positions Inpatient care guidelines/policy guidelines Develop guidelines/policies **Patient Insurance** Program Availability Open new program Public Insurance Improve MassHealth Signup **Social Determinants** Privateinsurance Lobby for Improved Coverage of SUD of Health Housing Assistance Improve Location Childcare & Nutrition Medication Availability Improve Hours Methadone Clinic Improve Transportation Pharmacy QUALITY IMPROVEMENT NETWORK OF MASSACHUSETTS



**Primary Aim** 

Statement

Increase the

percent of

women who are

in MAT at the

time of

delivery/Mothers

of infants

diagnosed with

NAS by x% or to

x% by x date

Process measures:

Per PDSAs

Balancing measures:

Per PDSAs

#### **Global AIM Primary Drivers Secondary Drivers Change concept** Universal Screening of SUD in outpatient obstetrics Selection of single validated screening tool Screen in ambulatory site at New/27-30/PP MAs to give screening tool at initial/New OB/ Awareness and understanding of SUD New OB Transfer, 27-30 week alongside TDAP Patients given standardized, screening, stigma and bias **Primary Aim Statement** validates screening tool in and once postpartum in exam room alone outpatient site (NIDA Screen) Copies of screening tool at rooming Screen easy to administer By June 1, 2020, we will in private and confidential workstation create a sustainable strategy manner Screening & documentation incorporated into to screen all (100%) pregnant Posters in workspace explaining screening tool workflow women in the AMB OB practice delivering at the Check for screening rates at monthly review BWH for substance use disorder using the NIDA quick Staff ed. session on scoring of screening tool screen tool in a private and Staff comfort with screening tool confidential space (3 points -Timely screening, Pocket cards for staff illustrating scoring & new OB, 27-30s week and appropriate scoring & timely Scoring responsibilities clear and consistent documentation postpartum visits) and offer EHR documentation of timely, same day intervention Screening score documented at same time as Screening scored & documented while screen results from the OB social worker for patient still in clinic vitals those who screen positive Identify space in EMR for score to be recorded and appropriate referral AIM OUD Structure Measure SBIRT & new screening tool (resident and RN Provider awareness of standardized SUD S1: Percent of Prenatal Care education) screening Sites which have implemented Timely and appropriate Clinic meeting introducing new screening tool response to positive Provider motivation to perform a universal screening protocol & process (clinic staff education) standardized SUD screening for OUD screens and referrals as Develop/distribute recommendations on "brief needed Provider able to perform brief intervention intervention" and "referral to treatment" for in clinic medium and high-risk patients \*\*UM ASS Driver Diagram on Screening Adapted from Dr. Katherine Callaghan **Umass Worchester** Provider able to refer high-risk patients to Pamphlet on substance use in pregnancy & Thank you! vOct 2019 treatment **IMPROVE** resources for patients

#### Key Driver Diagram: NeoQIC Human Milk Quality Improvement Collaborative

#### **Primary Aims**

#### Overall Project Goal

Increase the use of mother's own milk (MOM) in very low birth weight infants in Massachusetts and reduce racial/ethnic disparities

#### Among VLBW infants in MA, by Dec 31, 2017:

- 1) Increase the use of any MOM 24 hours prior to discharge or transfer from a baseline of 63% to ≥ 75%
- Increase the use of exclusive MOM 24 hours prior to discharge or transfer from a baseline of 45% to ≥ 55%
- Reduce racial/ethnic disparities in provision of MOM at discharge/transfer by any amount.

Outcome Measures: Percent of VLBW infants receiving any or exclusive MOM in the 24 hours prior to NICU discharge or transfer

#### **Balancing Measures**

- Rate of NEC and any late infection during
- Growth during hospitalization (weight for gestational age z-score change from birth to discharge or transfer)

#### **Primary Drivers Secondary Drivers**

In a dequate parental education

Inadequate MOM initiation

Process Measure: Time (hours) to a dminister MOM

(oral care or enteral)

In a dequate MOM continuation

**Process Measure:** Any/exclusive MOM used at DOL

7, 14, 21, 28

In a dequate preparation for breastfeeding in the

home environment

#### Lack of education at prenatal consultation

**Process Measure:** Document parent education on human milk benefits at prenatal consultation.

#### Lack of postnatal education in the NICU

Language barriers prevent timely education

#### Early pumping or hand expression is not initiated

Process Measure: Time (hours) to first pumping or hand expression

#### Lack of technical support for mothers

Process Measure: Documented contact with an IBCLC or equivalent personnel in first 24 hours of life

#### In a dequate time performing skin to skin

<u>Process Measure:</u> Any skin to skin performed with the mother on DOL 7, 14, 21, & 28

Competing demands prevent mothers from visiting their infants

Mothers do not pump regularly

Lack of motivational support for mothers

Lack of training in establishment of direct breastfeeding

**Process Measure:** Any MOM up to 12 months corrected age post-discharge (to be collected by DPH on WIC mothers only)

#### **Potential Change Concepts**

- Train NICU staff to better educate families in an unbiased way
- Develop culturally-appropriate education materials for families in multiple languages
- Develop prompts in the EMR to document education delivery
- Ensure timely use of translators
- Training L&D and postpartum staff to facilitate early pumping and hand expression
- Ensure readily available pumps and early expression kits on L&D and post-partum areas
- Expand lactation expertise, such as IBCLCs, peercounselors, or nurses with more advanced training in lactation
- Improve awareness of STS benefits
- Ensure availability of bedside supplies, such as chairs
- Expand lactation expertise, especially peercounselors
- Development of peer-support breastfeeding groups
- Encourage family support
- Free meals for breastfeeding mothers
- Reduce parking costs
- Minimize restriction of sibling visitation
- Address lactation issues by phone
- Early non-nutritive sucking
- Establish home feeding regimen that maximizes direct breastfeeding prior to discharge

- hospitalization

### **Other Possible Elements**

- Primary and secondary drivers
- Process measures that map your key drivers
- Balancing measures



#### SMART Aim:

Universal screening for substances at the first prenatal visit by 12/2019 in my clinic



Staff don't think the mothers they serve use opioids so what is the point

Get input from mothers to develop scripts on presenting universal screening at visits

No time to do universal screening

#### SMART Aim:

Universal screening for opioid exposure at the first prenatal visit by 12/2019 in my clinic

Mothers would be horrified by this and leave my practice

Share data on frequency of substance use in the population seen in your clinic with staff



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## **Global AIM** Universal Screening of SUD in outpatient obstetrics **Primary Aim Statement**

**Primary Drivers** 

**Secondary Drivers** 

Screen in ambulatory site at New/27-30/PP

**Change concept** 

Selection of single validated screening tool

MAs to give screening tool at initial/New OB/

New OB Transfer, 27-30 week alongside TDAP

Posters in workspace explaining screening tool

Check for screening rates at monthly review

Staff ed. session on scoring of screening tool

Pocket cards for staff illustrating scoring &

Screening score documented at same time as

Identify space in EMR for score to be recorded

and once postpartum in exam room alone

Copies of screening tool at rooming

workstation

documentation

vitals

By June 1, 2020, we will create a sustainable strategy to screen all (100%) pregnant women in the AMB OB practice delivering at the BWH for substance use disorder using the NIDA quick screen tool in a private and confidential space (3 points new OB, 27-30s week and postpartum visits) and offer timely, same day intervention from the OB social worker for those who screen positive and appropriate referral

Patients given standardized, validates screening tool in outpatient site (NIDA Screen) in private and confidential manner

Awareness and understanding of SUD screening, stigma and bias

Screening & documentation incorporated into workflow

Screening scored & documented while patient still in clinic

Timely and appropriate response to positive

screens and referrals as needed

Timely screening,

screen results

appropriate scoring & timely

EHR documentation of

SBIRT & new screening tool (resident and RN education)

Clinic meeting introducing new screening tool & process (clinic staff education)

Develop/distribute recommendations on "brief intervention" and "referral to treatment" for medium and high-risk patients

Pamphlet on substance use in pregnancy & resources for patients

#### AIM OUD Structure Measure

S1: Percent of Prenatal Care Sites which have implemented a universal screening protocol for OUD

\*\*UM ASS Driver Diagram on Screening

Adapted from Dr. Katherine Callaghan **Umass Worchester** Thank you! vOct 2019

Screen easy to administer

Staff comfort with screening tool

Scoring responsibilities clear and consistent

Provider awareness of standardized SUD screening

Provider motivation to perform standardized SUD screening

Provider able to perform brief intervention in clinic

Provider able to refer high-risk patients to treatment

#### **Primary Secondary Drivers Change Concept Drivers** SUD screening tool Patient opioid use screening Screening/testing guidelines Identification of patients using opioids Patient opioid biologic testing Mapped response to + test Site modifications Lab tests SUD care prior to pregnancy Prepreganancy counseling Advertising Patient Awareness of SUD in PNC education flyers Pregnancy Programs Prenatal education Ads in Bus, CHC, Methadone clinic Pt knowledge of clinic location Education materials Training Programs for prenatal providers Relocate clinic Training in Residency OB Providers Trained in MAT BSAS and Online Training **Provider Sensitivity** Residency Training Residency Away Training Hire necessary staff-SW, peer counselors, nurses, MDs Sensitivity Training Programs for SUD treatment Outpt care guidelines/policy Institutional Support in Pregnancy Increase Staff Positions Inpatient care guidelines/policy guidelines Develop guidelines/policies **Patient Insurance** Program Availability Open new program Public Insurance Improve MassHealth Signup **Social Determinants** Privateinsurance Lobby for Improved Coverage of SUD of Health Housing Assistance Improve Location Childcare & Nutrition Medication Availability Improve Hours Methadone Clinic Improve Transportation Pharmacy QUALITY IMPROVEMENT NETWORK OF MASSACHUSETTS



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#### Primary Aims

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- Expand lactation expertise, especially peercounselors
- Development of peer-support breastfeeding groups
- 5) Encourage family support
- 6) Free meals for breastfeeding mothers
- ) Reduce parking costs
- 8) Minimize restriction of sibling visitation
- Address lactation issues by phone
- 1) Early non-nutritive sucking
- Es ta blish home feeding regimen that maximizes direct breastfeeding prior to discharge



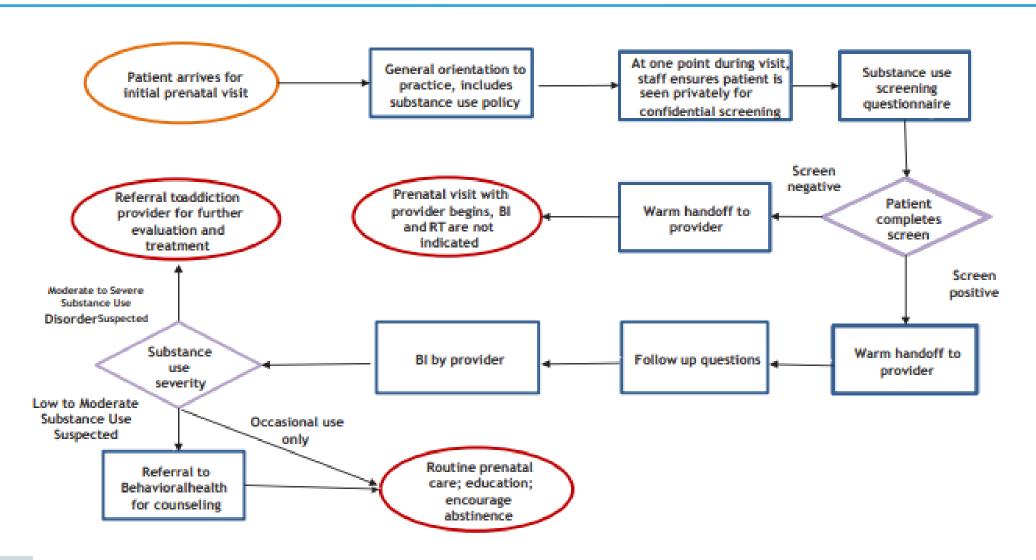
## **Process Mapping**

- Map out processes in a system that are linked
- Draw with boxes and arrows
- Helps you to understand your system
- Helps you to identify specific problems and develop interventions for improvement



## Workflows





## Questions?

Write in the chat, or email Bonnie at bwglass@aol.com!



## Guest Speaker Webinar Topics for Next 12 months

## **Date/Guest Speaker Topic**

7/21/20	OUD Screening Options
8/18/20	Plans of Safe Care
9/15/20	Caring for Patients with OUD
10/20/20	Linkages to Care
11/17/20	Equity Considerations in OUD care
12/15/20	Centering Patient Voice
1/19/21	OUD SMM Data
2/16/21	Early Head Start
3/16/21	MAT
4/20/21	Pain Relief During Pregnancy, Labor, Surgery & Post-op
5/18/21	SBIRT Check-in



## Guest Topics: Linkages to Care

Gina Kelleher, M.Ed., LACD I
MCPAP for Moms
Brigham and Women's Hospital





# Connecting Pregnant and Postpartum Women with Mental Health and SUD Services: A Primer

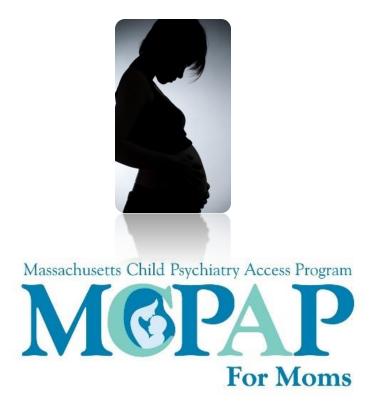
Gina Kelleher, M.Ed, LADC 1
Substance Use Disorder Project Manager
MCPAP for Moms



## Disclosure



Overview of substance use disorder treatment in perinatal women



Overview of mental health treatment needs for perinatal women

How MCPAP for Moms can help facilitate linkage to mental health and SUD care

# Substance use during pregnancy poses risk to the woman, fetus, and family

Exposure to Poor nutrition

Teratogens

Difficulties with labor management

Overdose

Limited access to prenatal care

Placental insufficiency

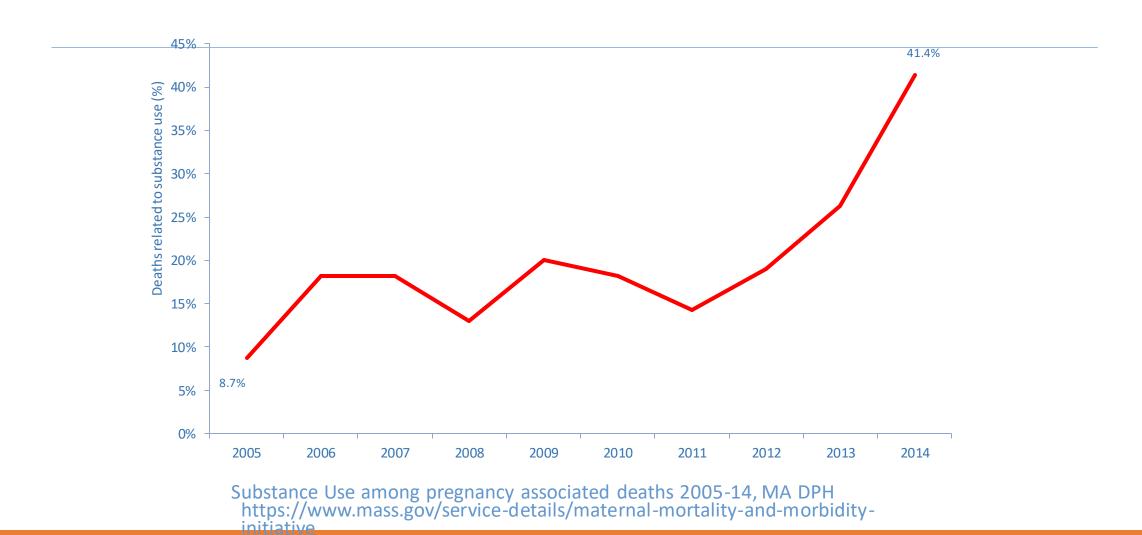
Withdrawal

Infectious risk (eg HIV, HCV)

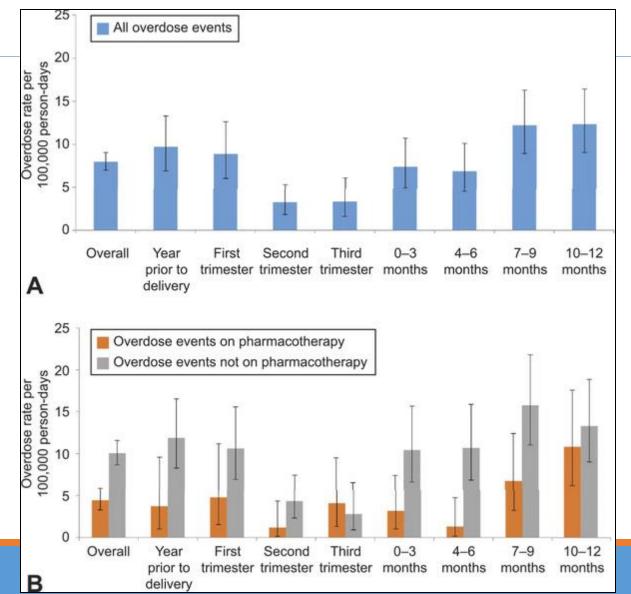
Preventable cause of maternal & infant mortality



# Pregnancy associated deaths in MA related to substance use are on the rise



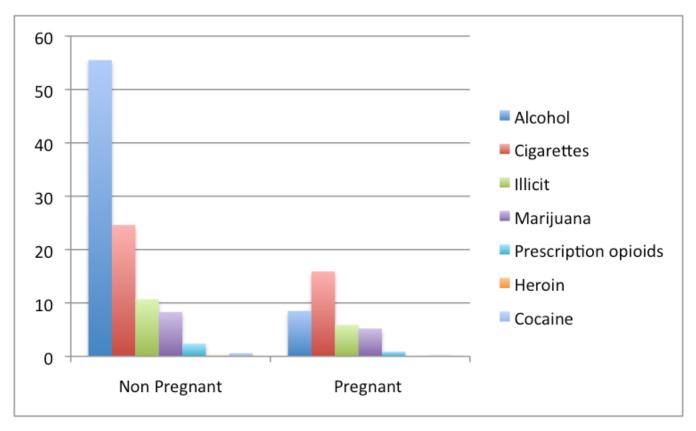
# Medication treatment for OUD decreases maternal mortality



Mortality is greatest after delivery

Methadone and Buprenorphine save lives

# Pregnancy is a window of opportunity during which women stop using substances



Drug use in the past month, females 15-44



# Psychiatric diagnoses are more common in women with Opioid Use Disorder in pregnancy



## **Barriers to Treatment**

<u>Patient</u>

Lack of detection

Fear/stigma

Limited access

<u>Provider</u>

Lack of training

Discomfort

Few resources

**Systems** 

Lack of integrated care

Screening not routine

Isolated providers

Women do not disclose symptoms or seek care

Underutilization of Treatment

Unprepared providers, With limited resources



## **Poor Outcomes**

www.chroniccare.org

# Universal screening for substance use and mental health in pregnancy is recommended by many organizations











# MCPAP for Moms recommends a modified version of the NIDA Quick Screen for universal screening in OB settings

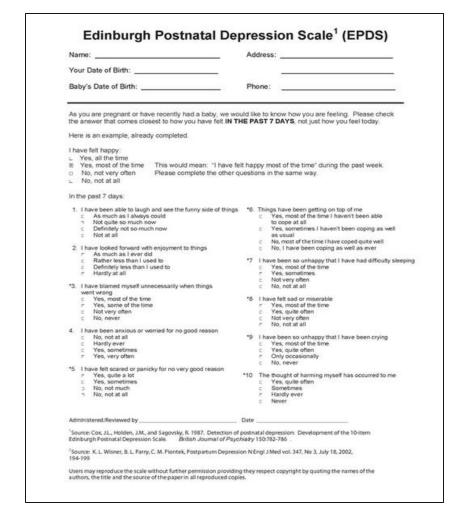
Modified NIDA Quick Screen (Modified NIDA)						
Ask: "In the past three months, how often have you used:"						
Alcohol (four or more drinks a day)	Never	Once or twid	Nthly	Weekly	Daily	
Tobacco products	Never	Once or twice	Monthly	Weekly	Daily	
Prescriptions drugs not used as prescribed or any marijuana	Never _	Once or twid	— M—thly	Weekly	Daily	
lllegal drugs	Never	Once or twice	Monthly	Weekly	Daily	
Any answer other than "never" is a positive screen and should prompt follow-up questions to further characterize which substance(s) are being used, the amount, and the time course (see SUD1).						
Adapted from the NIDA Quick Screen						

## **Edinburgh Postnatal Depression Scale (EPDS)**

Validated in pregnancy and postpartum

10 items

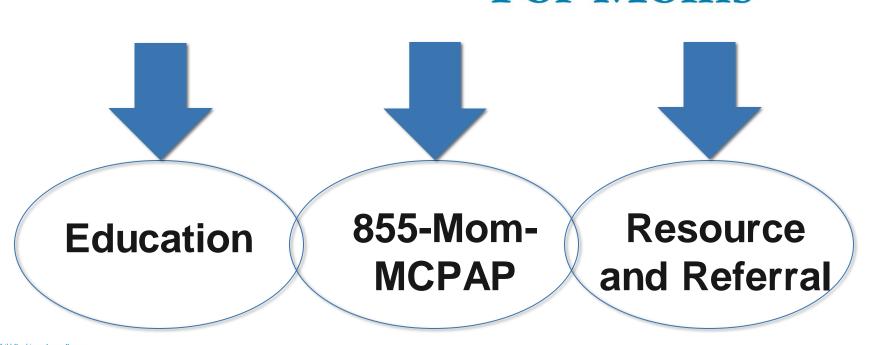
Asks about self-harm

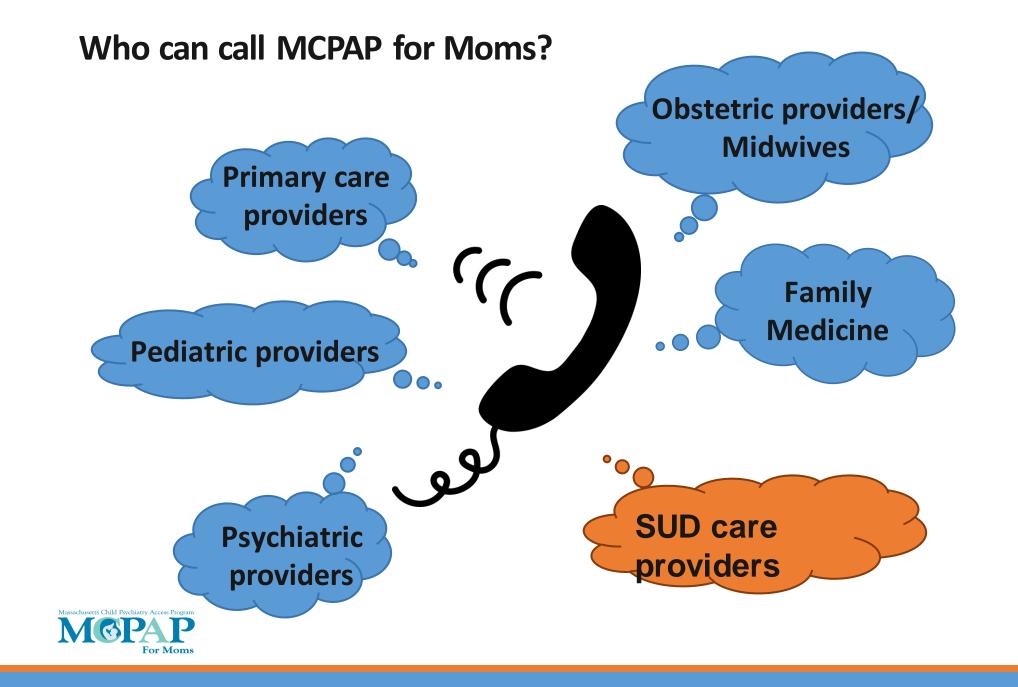




Massachusetts Child Psychiatry Access Program

# IVAPAIP For Moms





# Providers can call 855-Mom-MCPAP for consultation for mental health and SUD topics



# Our website has resources for providers as well as patients and families - <a href="www.mcpapformoms.org">www.mcpapformoms.org</a>



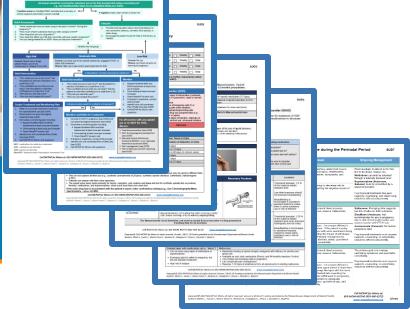
Contact number for providers: 855-Mom-MCPAP (855-666-6272)





Promoting Maternal Mental Health
During and After Pregnancy







#### One in Seven

One out of every seven women experience depression during pregnancy or in the first year postpartum.

Depression during this time is twice as

#### **Provider Resources**



use concerns.

**Trainings and toolkits** for providers and their staff on evidence-based guidelines for: depression screening, triage and referral, risks and benefits of medications, and discussion of screening results and treatment options.

identify, and manage mental health and substance



Real-time psychiatric consultation and care coordination for providers serving pregnant and postpartum women including obstetricians,

## Additional MH resources

Postpartum Support International (PSI)

https://www.postpartum.net

PSI-MA Helpline 1-866 472 1897

psiofmass@gmail.com

Hospital based teams should collaborate with their social work and care management colleagues

## Options for referral for SUD treatment

How to Find Treatment and Resources				
Bureau of Substance Abuse Services (BSAS)  Helpline: Helps patient/provider determine treatment needs	1-800-327-5050 www.helplinema.org			
Massachusetts Behavioral Health Access (MABHA) Service Locator: Provider-oriented treatment locator	www.mabhaccess.com/ SUD.aspx			
Institute for Health and Recovery Resource Locator: Community resource locator by zip code	www.healthrecovery.or g/resource-search			
The Journey Project: Website for pregnant and parenting women with substance use disorders	www.journeyrecovery project.com			

Questions? Call MCPAP for Moms: 855-666-6272

Source: <a href="https://www.mcpapformoms.org">www.mcpapformoms.org</a> - Resources for Providers -> Toolkits

## Additional resources for SUD support

Psychosocial Treatments					
Peer Support	Professionally led	Residential			
Alcoholics Anonymous: <u>www.aa.org</u> Narcotics Anonymous: <u>www.na.org</u> SMART recovery: <u>www.smartrecovery.org</u>	Cognitive Behavioral     Therapy     Motivation enhancement     Mindfulness-based     treatments     Couples/family     Group counseling	Inpatient rehabilitation     28-day programs/"rehab"     Long-term residential     Sober living     Therapeutic community			
Patients can self-refer to any of the above options	Call MCPAP for Moms for assistance with referrals				

Questions? Call MCPAP for Moms: 855-666-6272

Source: <u>www.mcpapformoms.org</u> - Resources for

Providers -> Toolkits

Women with any history of substance use should be counseled as early as possible about possible social service reporting after delivery





Pregnant and Parenting women with SUD benefit from the development of a team of providers

Please work with patients to develop a Plan of Safe Care

http://www.healthrecovery.org/safecare





In summary, our aim is to promote maternal and child health by building the capacity of front line providers to address maternal mental health and substance use needs





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#### **Acknowledgements**

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#### Call 1-855-Mom-MCPAP

## www.mcpapformoms.org



## Please email questions to: rkelleher3@bwh.harvard.edu

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### **Closing Thoughts**

- Next webinar is <u>Tuesday, November 17th, 2020</u> from 12-1pm
- QI Topic: Developing Interventions
- Guest Topic: Equity Considerations in OUD Care

Stay tuned for registration and agenda for the PNQIN Perinatal Opioid Use Summit - 11/17 and 11/18!



## Questions or Concerns?



