

PNQIN AIM

Opioid Use Disorder in Pregnancy

Webinar Series

May 18th, 2021
Webinar 11



OUD in Pregnancy Webinars

Monthly Agenda Overview

12:00 - 12:05: Welcome/ Introductions

- **Meet Allie Doyle, Kali's other project management half!**

12:05 - 12:15: Brief QI teaching

- **Ron Iverson, MD, MPH – Sustainability**

12:15 - 12:30: Team Update from Beverly Hospital

12:30 - 12:55: Guest Speaker Presentation

- **Carol Nolan and Anne Hemmer – Early Head Start**

12:55 - 1:00: Closing/ Final Comments

Webinar Housekeeping

- We will take attendance in the chat box each month – please comment with your name and hospital
- Please mute yourselves unless you would like to contribute to the conversation or ask a question
- Utilize the "raise hand" feature or chat box to speak
- We will record this session and upload the recording and webinar slides to our website after the call
- We welcome feedback about the webinar content and structure!
- Please participate! We want this webinar to be helpful and collaborative!

PNQIN AIM Wave 2 - Who's on the Line?

Beth Israel Deaconess Plymouth
Beverly Hospital
Brockton Hospital
Cambridge Hospital/CHA
Charlton Memorial Hospital
Emerson Hospital
Good Samaritan Medical Center
Health Alliance Hospital
Heywood Hospital
Holy Family Hospital
Holyoke Medical Center
Lawrence General Hospital
Martha's Vineyard Hospital
Melrose-Wakefield Hospital

Mount Auburn Hospital
Nantucket Cottage Hospital
Norwood Hospital
St. Elizabeth's Medical Center
St. Luke's Hospital
Sturdy Memorial Hospital
Tobey Hospital
Winchester Hospital

Closed OB permanently
Closed OB temporarily



PNQIN AIM OUD Wave 2 **Targeted** Hospitals

- Beth Israel Deaconess Plymouth
- Beverly Hospital
- Brockton Hospital
- Cambridge Hospital/CHA
- Charlton Memorial Hospital
- Emerson Hospital
- Good Samaritan Medical Center
- Health Alliance Hospital
- Heywood Hospital
- Holy Family Hospital
- Holyoke Medical Center
- Lawrence General Hospital
- Martha's Vineyard Hospital
- Melrose- Wakefield Hospital
- Mount Auburn Hospital
- Nantucket Cottage Hospital
- Norwood Hospital
- St. Elizabeth's Medical Center
- St. Luke's Hospital
- Sturdy Memorial Hospital
- Tobey Hospital
- Winchester Hospital

PNQIN Perinatal Opioid Project Leadership Team

PNQIN

- Fifi Diop (DPH) – Grant Primary Investigator
- Audra Meadows (BWH)
- Ron Iverson (BMC)
- Munish Gupta (BIDMC)
- Kali Vitek (BMC)
- Allie Doyle (BIDMC)

Neonatal Folks

- Elisha Wachman (BMC)
- Larry Rhein (UMass)
- Rachana Singh (Baystate)
- Davida Schiff (MGH)
- Alan Picarillo (Maine)
- Eileen Costello (BMC)

Maternal Folks

- Katherine Callaghan (UMass)
- Leena Mittal (MCPAP for Moms)
- Laura Sternberger (Moms Do Care)
- Nicole Smith (BWH)
- Donna Jackson-Kohlin (Baystate)
- Linda Jablonski (Baystate)

Academic and Organizational Partners

- Patrice Melvin (BCH)
- Karla Damus (BU)
- Christina Gebel (Accompany Doula Care)

State Partners

- Fifi Diop (DPH and PI of PNQIN Grant)
- Griffin Jones (HPC)
- Michael Kelleher (OHHS)
- Debra Bercuvitz (DPH)
- Abby Taylor (AGO)
- Karen Pressman (BSAS)
- Julia Reddy (BSAS)
- Mary Lutz (DCF)
- Alissa Cruz (MassBIRT)
- Colleen Labelle (BMC)
- Julia Prentice (BLC)
- Natalia Ciesielska (BLC)

Families

- Patricia McDonnell (Baystate)
- Julie Maida
- Meghann Perry
- Cieara McManus (Moms Do Care)

Special Event Announcement

PNQIN Spring 2021 Virtual Summit!!

- June 15th & 16th, 1:00-4:30pm ET both days
- Continuing education credits available
- Register: <https://www.cvent.com/d/yjqv0p>

June 15th Agenda: Care of the Birth Parent

- Welcome & Introductions
- Family Voice: Sharing My Story - Kelli Kydd
- Keynote: Pooja Mehta
- Panel Discussion: When the SBIRT is Positive: How Do We Engage?
- Latisha Goullaud, Kelli Kydd, Amy Walker
- Panel Discussion: Cannabis in Pregnancy - Leela Sarathy, Megan Miller

June 16th Agenda: Care of the Family

- Welcome & Introductions
- Family Voice: Moving from Dyad to Triad: Father Perspective -
Speakers pending
- Keynote: Plans of Supportive Care: A Family Centered
Roadmap - Steven Chapman
- Panel Discussion: Plans of Safe Care: Local Pathways to Success -
Speakers pending
- Presentation: Families of the Opioid Epidemic: Lessons from the
BMC SOFAR Program - Sara Stulac

Additional Announcements

1. Free PNQIN Online stigma, bias, and trauma-informed care training
 - Please note the different registration links for Nursing vs. CME/Social Work credit-seekers
 - Register here: <https://www.mpqcmma.org/trauma-informed-care-trainings>
2. Free SPEAK UP Champions© Implicit and Explicit Racial Bias Education
 - September 22nd & 29th, 8:30am - 12:30pm ET (both days)
 - 5.75 Continuing Education credits
 - Register here: <https://www.perinatalqi.org/event/SPEAKUPMASEPT2021>
3. SPEAK UP Ambassador™ Implicit and Explicit Bias Education virtual conference
 - Thursday, July 15th at 8:30AM – 2:30PM EST.
 - Anyone who has taken the Champions© course is eligible to attend.
 - 5.75 Continuing Education credits
 - Conference cost and registration can be found here: <https://www.perinatalqi.org/event/SPEAKUPAMBASSADOR2021>

QI Webinar Topics for Next 12 months

Date/QI Topic

7/21/20	OUD Bundle Components Overview & Stakeholders
8/18/20	Developing a Project AIM
9/15/20	Measures for Improvement
10/20/20	Key Driver Diagram
11/24/20	Developing Interventions
12/15/20	Understanding Run Charts
1/19/21	Understanding Data Control Charts
2/16/21	Using the PDSA Cycle
3/16/21	PDSA: Making Adjustments
4/20/21	Scale and Spread Up
5/18/21	Sustainability

PNQIN QI Teaching Series

Sustainability

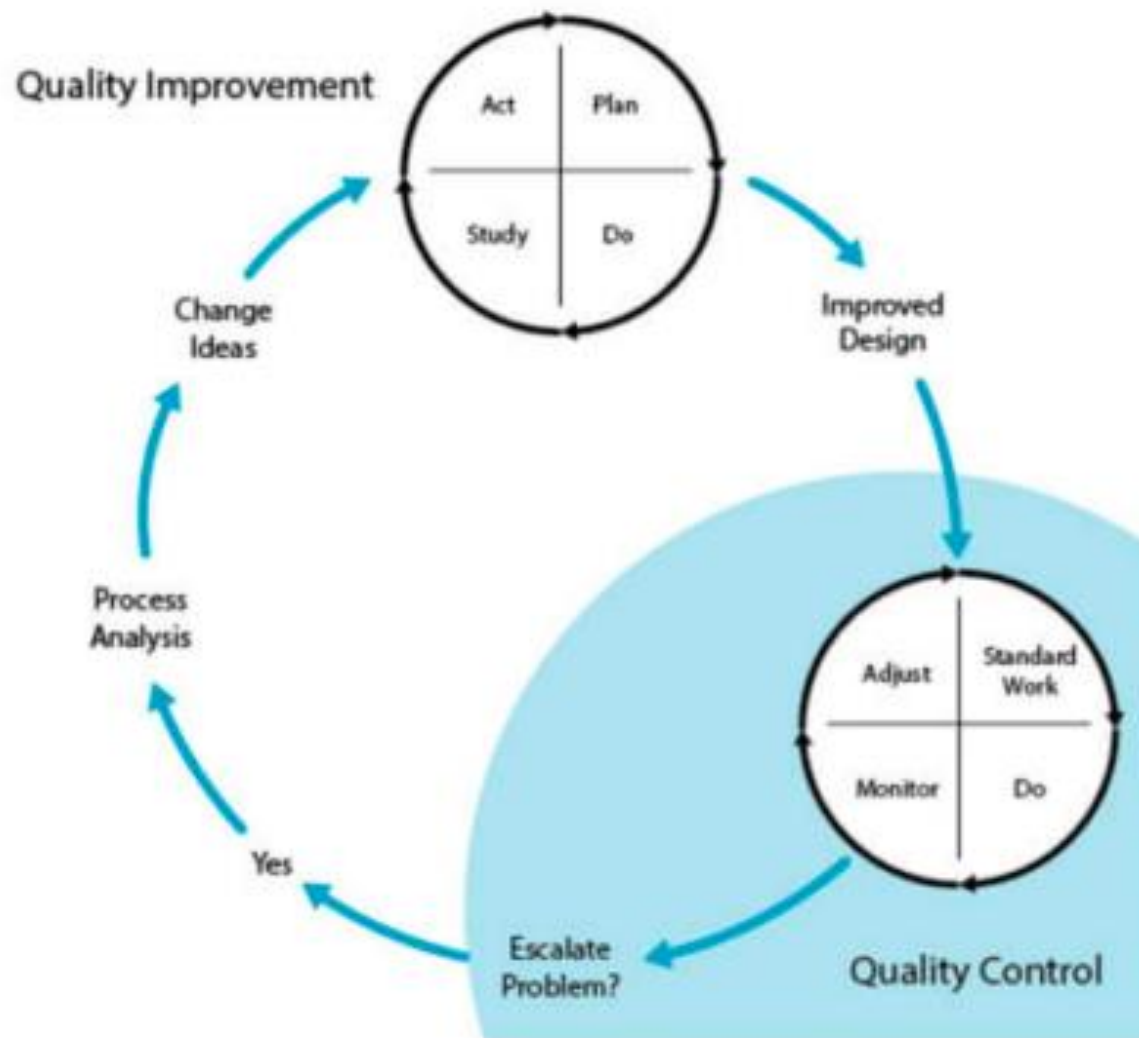
Ronald Iverson, MD, MPH

Boston Medical Center





Sustainment



6 Essential Practices for Sustainable Improvement

By Richard Beville | Thursday, October 26, 2017



Build for sustainment

- PDSA everything!
 - All steps individually
 - Are you completing all the steps?
- Measure to know you're getting the change you want
- ASK people if it the tool is working
- Remove other options
- Build the Policy/Guideline based on what you've learned

How do we know when to enter sustainment?

- Each component is functioning
- Each component sets up the next step appropriately
- The process has become the daily work
- All resources are always there and updated
- Team reports that the process happens consistently

How do we "do" sustainment

- Set a plan for measurement
 - Measure every day/week/month/year
- When there is a change detected
 - Explore what affected the process
 - Go back to the basics
- Be ready to incorporate new tools/ideas
 - Evolve technologies
- Show measurement success
 - Reminds team of the "why"
 - Reinforce correct actions

Team Updates/Check-In

Guest Speaker Webinar Topics for Next 12 months

Date/Guest Speaker Topic

7/21/20	OUD Screening Options
8/18/20	Plans of Safe Care
9/15/20	Caring for Patients with OUD
10/20/20	Linkages to Care
11/24/20	Equity Considerations in OUD care
12/15/20	Centering Patient Voice
1/19/21	Wave 2 Team Presentations
2/16/21	OUD SMM Data
3/16/21	SBIRT Check-in
4/20/21	Pain Relief During Pregnancy, Labor, Surgery & Post-op
5/18/21	Early Head Start

PNQIN AIM Obstetric Use Disorder in Pregnancy Webinar Series

***“Opportunities for Improving Referrals to
Early Head Start programs for
Pregnant/Parenting Women with Substance
Use Disorder”***

May 18, 2021

Carol Nolan, MA Head Start State Collaboration Director

Anne Hemmer, Region 1 State Systems Specialist, New England
Head Start Training and Technical Assistance Network



Presentation overview

- **Welcome and Polling Questions**
- **Background information – Head Start/Early Head Start- Eligibility & Referrals**
- **Early Head Start Services for Families**
- **Connecting EHS with the Medical community**
- **Follow-up initiatives/resources**
- **Next Steps**



Poll #1

Do you know what Head Start is: who they serve/who is eligible?

Please type your response into the chat/answer in the poll window!



Poll #2

Do you know what Early Head Start is: who they serve/ who is eligible?

Please type your response into the chat/answer in the poll window!



Poll #3

Do you know about any Head Start/Early Head Start programs in your community?

Please type your response into the chat/answer in the poll window!



Poll #4

Have you worked with any Head Start/Early Head Start programs or staff?

Please type your response into the chat/answer in the poll window!



What is Head Start? Early Head Start?

Head Start

- Federally funded program
- Funded directly federal to local grantees
- Began in 1965 as part of the “war on poverty”
- Two primary goals: break the cycle of poverty and improve school readiness
- Serves children ages 3-5 primarily in center-based option

Early Head Start

- Two-generation program designed to provide high-quality child and family development services to low-income pregnant women and families with infants and toddlers
- Created in 1995 and serves children ages birth-3 and pregnant women
- Only a fraction of eligible children are served
- “Gold standard” early childhood program



Early Head Start Eligibility

- Early Head Start: children ages birth-3 and expectant parents
- Children whose families' income is below the Federal Poverty Guidelines
- Children experiencing homelessness regardless of income
- Children who are in foster care are eligible, regardless of the foster family's income
- Children whose families receive public assistance (TANF or SSI)
- 10% of enrollment must be reserved for children with disabilities
- ***Must prioritize those most in need of services (“selection criteria”) and maintain waiting list – the program is NOT “first come, first served”.***
- [HHS Poverty Guidelines](#)



Early Head Start programs must provide:

- A **newborn visit** with each mother and baby. This visit is scheduled within two weeks after the birth of child.
- The needs for appropriate support for **emotional well-being, nurturing and responsive caregiving, and father engagement** during pregnancy and early childhood.
- **Prenatal and postpartum information, education and services** that address:
 - fetal development
 - importance of nutrition
 - risks of alcohol, drugs, and smoking
 - labor and deliver
 - postpartum recovery
 - parental depression
 - infant care
 - safe sleep practices
 - benefits of breast feeding



How to Refer to Early Head Start?

- Who should be referred to Early Head Start/Head Start?
- How to make a referral?
- Child and family are enrolled into the program
- Follow up process and next steps for referrals



What is Early Head Start (EHS)?

There are 1,700 Head Start (HS) and Early Head Start (EHS) programs that provide services to over a million children every year. HS and EHS programs are available in every U.S. state and territory, in farmworker camps, and in over 150 tribal communities. EHS programs are available to families prenatally until a child turns 3 years old and is ready to transition into Head Start or another pre-K program.

The mission of EHS is to support healthy prenatal outcomes and enhance the cognitive, social, and emotional development of infants and toddlers to promote later success in school and life. Programs are also designed to enable mothers and fathers to fulfill their roles as parents and to move towards self-sufficiency.

EHS Services
Early Head Start (EHS) is an evidence-based, federally funded, and community-based program that provides comprehensive child and family development services to pregnant women and young children in families with incomes below the poverty level. Services include:

- **Early Learning:** Through nurturing relationships with adults, play, and both planned and spontaneous instruction, children develop social skills and emotional well-being, along with cognitive, language, and literacy skills.
- **Physical Health:** Programs connect families to medical and dental health services. All children receive health evaluations, developmental screenings, nutritious meals, and oral health support. Engaging, accessible environments and activities support each child's perceptual, motor, and physical development. Program

National Center on Early Childhood Health and Wellness | Toll-free phone: 888-227-6155 | E-mail: ncchw@hhs.gov | P. 1 of 2

Head Start locator <https://eclkc.ohs.acf.hhs.gov/center-locator>



MA Head Start and Early Head Start Snapshot: 2019-2020

- **11,333 children** from **age 2.9 to 5 years** received Head Start services.
- **3,438 children** from **birth to 3 years** received Early Head Start services- this includes **189** funded enrolled pregnant women.
- In addition to education services, Head Start and Early Head start programs provide children and their families with **health, nutrition, social-emotional, and family services.**
- MA has **30 grantees**

Source: 2019 Program Information Report (PIR) MA cumulative enrollment



MA Early Head Start Services for Families

Early Head Start programs served **2,952** families and of those families **2,335** received at least one service:

- * **1,115** families received emergency/crisis intervention
- * **481** families received mental health services
- * **413** families received services in response to concerns of child abuse and neglect
- * **511** families experienced homelessness
- * **148** families received services for substance abuse prevention
- * **23** families received services for substance abuse treatment

Pregnant women:

- * **118** families received services for substance abuse prevention
- * **34** families received services for substance abuse treatment



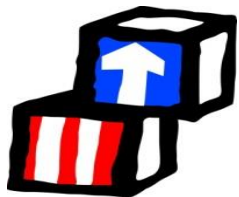
MA Early Head Start Disability Services for Children

- **Infant and Toddler Part C Early Intervention Services**

***1,066** - Number of children enrolled who have an Individualized Family Service Plan (IFSP) indicating that are eligible by Part C agency to receive Early Intervention Services under IDEA

***819** - number determined eligible to receive EI services prior to enrollment into the program

***247** - number determined eligible to receive EI services during the enrollment year



Connecting Early Head Start and the Medical community

- Members of the PNQIN Leadership team & assisting on planning PNQIN Summits
- Presented at the following statewide PNQIN conferences:
- **PNQIN conference June 2019 – session- “Early Head Start: An Important Partner in NAS”**
- **PNQIN conference August 2019- “Improving Follow-up for Families Impacted by Perinatal Opioid Use: A Joint Workshop of PNQIN, Early Intervention and Early Head Start”** (Also had an EHS program present at this conference)
- **PNQIN conference November 2019- NCECHW Opioid video “Finding the Helpers: How Early Childhood programs are addressing the Opioid crisis” and shared the “What is Early Head Start flyer?”**

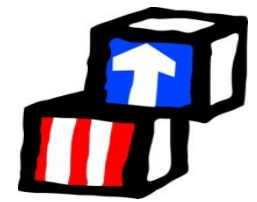


Family Support Plan (Plan of Safe Care)

Providers: This plan is a guide to assist your work with perinatal women and families. The list of services on page 4 serves as a reminder of available resources that may be useful to your clients. Feel free to edit this plan, to include additional resources that are available in your area. This plan should be completed jointly, with you and your client, in the context of a nonjudgmental conversation.

**Example:
Support Service**

- Home Visitor (Early Head Start, Healthy Families, Parents as Teachers, etc.)
- Early Intervention (EI) or EIPP



Recent OHS-HSSCO initiatives

- OHS created and vetted a national EHS one-pager **about** who is eligible for services, how to make referrals to EHS and what kinds of services/models of EHS- center-based and home visiting.
- **Webinar** prepared for PNQIN community: ***“Opportunities for Improving Referrals to Early Head Start for Pregnant Women with Substance Use Disorders”*** – 3/3/20
- Completion of videos/additional resources- **ECLKC webpage**
- OHS National Center workshop with Sesame Street Workshop- [**Talking with Children About Parental Substance Use**](#)
- [**Resources Handout**](#)



“A Two Generation Approach to Supporting Families and Young Children Affected by Opioid and Substance Misuse: Bridging Systems and Services”

- This **free cross-agency training** held in April 2021 for Head Start and Early Head Start staff including Family Service, Education, Health, Behavioral Health, and Home Visiting Supervisors, as well as state agency and community partners.
- This **day-long virtual training** addresses the integration of family support and recovery support.
- Topics included: substance misuse during pregnancy, Neonatal Abstinence Syndrome, stigma, stages of change, stages of recovery, and recovery support in the context of the *Strengthening Families™ Protective Factors Framework*.
- **Free follow-up train-the-trainers session** to be held in May 2021.



Head Start Early Childhood Learning and Knowledge Center (ECLKC)

<https://eclkc.ohs.acf.hhs.gov/mental-health/article/substance-use-disorder-recovery>

1. Head Start and the Opioid Crisis- Video Series
2. Talking with Families- Screening & Consultation
3. Substance Use disorders: Understanding the Basics
4. Impact of Substance Use on Children & Families- Webinar Series

New resource on ECLKC:

Screening for Substance Use Disorders: Head Start Can Help

<https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/screening-substance-use-disorders.pdf>



Next Steps

- Continue to work with PNQIN Leadership team and present EHS information at conferences & webinars
- Share updated EHS program contact information and list of communities they serve
- Follow up with EHS grantees to share information about local hospitals with NAS babies and help develop action steps
- Pilot the screening tools on ECLKC with 1-2 EHS programs
- Pool and share all of the DPH, DMH, OHS resources to benefit EHS/HS and all our early childhood programs to support families with OUD
- Highlight and share ECLKC resources more widely!



Comments? Questions? Thank you so much!

Carol Nolan

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Anne Hemmer

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- **Physical Health:** Programs connect families to medical and dental health services. All children receive health evaluations, developmental screenings, nutritious meals, and oral health support. Engaging, accessible environments and activities support each child's perceptual, motor, and physical development. Pregnant



Closing Thoughts

This was our last OUD in Pregnancy webinar, but PNQIN is still here to support you!

We encourage your hospitals to sign a MOU with the Betsy Lehman Center to submit data for the OUD bundle as part of sustainment.

We highly encourage your whole team (OBs, RNs, MFMs, neonatologists, social workers, midwives, doulas, lactation consultants, educators, etc.) to register for SPEAK UP training!

Thank you for being here, today and over the last year!!



Questions or Concerns?



Appendices



Early Head Start Comprehensive Program Services

- In-home and center-based child development and activities
- Parental support and resources
- Nutritional services and education
- Health education, screening and referral
- Early literacy development
- Infant mental health and parent mental health supports and referral
- Linkages to quality child care and other community services



EHS Comprehensive Program Services

- Programs must **facilitate the ability** of enrolled pregnant women and families in accessing:
- **Ongoing health care** and **health insurance**, as appropriate
- **Comprehensive services**
 - nutritional counseling
 - food assistance
 - oral health care
 - mental health services
 - substance abuse prevention and treatment
 - emergency shelter or transitional housing in cases of domestic violence

